

**Stephen Hoffman**

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**From:** mailagent@thesoftedge.com on behalf of Stephanie Reider  
<mailagent@thesoftedge.com>  
**Sent:** Sunday, January 9, 2022 7:53 PM  
**To:** IRRC  
**Subject:** Registration of Naturopathic Doctors

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Dear Commission:

IRRC # 3324  
Agency # 16A  
ID# 4953

I wholeheartedly support registration of Naturopathic Doctors in Pennsylvania. Registration of Naturopathic Doctors fortifies distinction of their national standards for education and training from federally accredited naturopathic medical colleges by the Council on Naturopathic Medical Education (CNME). Registration further assures Pennsylvania residents that their Naturopathic Doctor's title, with the N.D. designation, has the competencies of graduate naturopathic medical education and training in order to practice in PA.

I sought the care of a Naturopathic Doctor after I spent more than 2 years bouncing from the gynecologists' to endocrinologist trying to deal with recurring yeast infections, thyroid imbalance and gut health issues. After trying all the suggestions and treatments these professionals had to offer without any success I began to research other possible solutions. I did a lot of research and suspected I had an issue with candida overgrowth. I received a positive recommendation from a friend about her Naturopathic Doctor and I decided to set up an appointment. I finally found someone who took the issue of candida seriously and knew what tests to order to confirm that it was in fact an issue. Now that we had confirmed that was an issue we could get to work on treating the candida overgrowth, balancing my gut health and ultimately getting my thyroid and hormonal swings back in balance as a positive benefit of cleaning up my gut and getting rid of inflammation in my body. I feel better and now I know the benefits physically and mentally of having a Naturopath who treats your whole body instead of looking to put a quick fix in place and send you on your way. I am so grateful for the help and success that I have had working with my Naturopathic Doctor.

Sincerely,

Stephanie Reider  
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